

# Claire L. Allen, MPH

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## EDUCATION AND TRAINING

- 2011-2013 M.P.H., University of Washington School of Public Health  
Department: Health Services, Concentration: Social and Behavioral Sciences  
Internship: Group Health Cooperative, Health Promotion and Education Department  
Thesis: Opportunities to improve cancer prevention at Federally Qualified Health Centers.  
Published in peer-reviewed journal, July 2013. Faculty Advisor: Jeff Harris, MD, MBA, MPH
- 2002-2005 B.A., University of Colorado at Boulder  
Double Major: International Relations and Political Science
- 2003-2004 Council on International Education and Exchange Academic Year Program in Seville, Spain
- 2020 Inspiring Change Certificate, the Center for Implementation
- 2018 Institute for Healthcare Improvement High-Impact Leadership: Developing Core Leaders Training
- 2017 Institute for Healthcare Improvement Certificate in Quality and Safety
- 2016 EPIC EMR Inpatient and Ambulatory Training
- 2015 University of Washington, Lean Rapid Process Improvement Training
- 2014 University of Washington Strategic Leadership Program Certificate
- 2014 ITHS REDCap Survey Training
- 2013 Motivational Interviewing in Busy Healthcare Settings, University of Washington
- 2013 HIV/AIDS Counseling Training, King County Washington
- 2013 American Cancer Society, Wellness Coach Training
- 2013 University of Washington School of Medicine, Motivational Interviewing Training

## PROFESSIONAL POSITIONS

- 2022-Present Manager, Collaborative Science Division, Kaiser Permanente Washington Health Research Institute, Seattle, WA
- 2018-2022 Senior Implementation & Evaluation Associate, Kaiser Permanente Washington Health Research Institute, Seattle, WA
- 2018 Consultant, BrioTech, Woodinville, WA
- 2015-2018 Manager, Quality Division, Swedish Health Services, Seattle, WA
- 2012-2015 Research Associate and Interventionist, University of Washington Health Promotion Research Center, Seattle, WA
- 2013 Associate Director, Salud Juntos, Seattle, WA
- 2012-2013 Research Assistant, Health Services Department, University of Washington, Seattle, WA
- 2010-2011 Bilingual Research Assistant, Pacific Research and Evaluation, Portland, OR
- 2007-2010 Owner and Operator, Web-based business, Ho Chi Minh City, Vietnam and Greeley, CO
- 2006-2007 Bilingual Program Assistant, High Plains Library District, Greeley, CO
- 2004-2007 Independent Living Supervisor, Imagine Center for Disabilities, Lafayette, CO
- 1997-2004 Business Associate, Aware Diaper, Inc., Greeley, CO

## **HONORS/AWARDS**

|           |  |
|-----------|--|
| 2021      | James A Vohs Award for Quality Nominee   |
| 2020      | Kaiser Permanente Washington Health Research Institute Spot Award                    |
| 2017      | Health Award of Excellence in Healthcare Quality, Qualis Health                      |
| 2014      | Professional Development Scholarship, University of Washington                       |
| 2013      | Gilbert S. Omenn Award for Academic Excellence, University of Washington             |
| 2012-2013 | Fully-funded Research Assistantship, University of Washington                        |
| 2013      | Travel Award for Excellence and Innovation, University of Washington Graduate School |
| 2012      | Meritorious Abstract, Society of Behavioral Medicine                                 |
| 2011-2013 | Dean's List University of Washington   |
| 2004-2005 | Buffalo Bicycle Classic Scholarship  |
| 2005      | Phi Beta Kappa Honor Society   |
| 2003      | Phi Sigma Theta National Honor Society   |
| 2002-2005 | Dean's List University of Colorado   |

## **MEMBERSHIPS**

|              |  |
|--------------|--|
| 2019-present | Academy Health Member                      |
| 2012-2015    | Washington State Public Health Association |
| 2013-2015    | American Public Health Association         |
| 2012         | Society of Behavioral Medicine             |

## **ORGANIZATIONAL SERVICE AT KAISER PERMANENTE**

|              |  |
|--------------|--|
| 2021-Present | Clinical and Technology Systems Engagement Review Committee member, Kaiser Permanente Washington Health Research Institute |
| 2020-Present | Health Equity Action Team member, Kaiser Permanente Washington, Seattle, WA  |
| 2020-Present | Space and Facilities Committee, Kaiser Permanente Washington Health Research Institute, Seattle, WA                        |
| 2020-2021    | Equity Team member, Kaiser Permanente Washington Health Research Institute, Seattle, WA                                    |
| 2020-2021    | Hiring for Equity Committee, Seattle, WA   |
| 2020-2021    | HR Champion, Kaiser Permanente Washington Health Research Institute, Seattle, WA   |
| 2020-2021    | Controlled Substance Utilization Improvement Committee, Kaiser Permanente Washington                                       |
| 2020-2021    | EPIC COT Tools Review Committee, Kaiser Permanente Washington, Seattle, WA   |
| 2019-2020    | Member Experience Community of Practice, Kaiser Permanente Washington, Seattle, WA   |

## **OTHER PROFESSIONAL SERVICE**

|           |  |
|-----------|--|
| 2018      | Equity of Care Committee, Washington State Hospital Association            |
| 2018      | Emergency Department Appropriate Use Committee, Providence Health Services |
| 2015-2018 | Quality and Value Committee, Swedish Medical Group                         |
| 2017      | Providence Health Services Population Health Payor Programs Committee      |
| 2017      | Choosing Wisely Taskforce, Washington Health Alliance                      |

|           |  |
|-----------|--|
| 2017      | Accountable Care Services Leadership Committee, Swedish Health Services                    |
| 2016-2017 | Primary Care Compensation Taskforce, Swedish Medical Group                                 |
| 2015-2016 | Washington Department of Health Diabetes Network Leadership Team member                    |
| 2015      | CDC Preventing Chronic Disease Student Research Paper Contest Review Committee             |
| 2014-2015 | Washington Department of Health Workplace Health Research Network member                   |
| 2013-2014 | University of Washington's MPH Curriculum Review Committee                                 |
| 2012-2014 | Clinic Coordinator, Country Doctor Homeless Teen Clinic, Seattle, WA                       |
| 2014      | Alumni Career Paths Panel Organizer and Contributor, University of Washington              |
| 2013      | Urban Planning and Public Health Joint Degree Proposal Committee, University of Washington |
| 2012      | President, Health Services Student Association, University of Washington, Seattle, WA      |
| 2012      | Physicians for Social Responsibility, Student Chapter member                               |
| 2009-2010 | Cancer Survivor Support and Fundraising Committee, Gilda's Club, Rochester, NY             |
| 2006-2007 | Early literacy teacher for new mothers and infants, Weld County Library, Greeley, CO       |
| 2004-2005 | Grant research and outreach, Global Education Fund, Boulder, CO                            |
| 2003-2005 | English teacher, Intercambio de Comunidades, Boulder, CO                                   |

## **EDITORIAL RESPONSIBILITIES**

|              |   |
|--------------|---|
| 2019-present | Journal of Health Care for the Poor and Underserved   |
| 2015         | Preventing Chronic Disease, Journal of Environmental and Occupational Medicine              |
| 2014         | American Journal of Preventive Medicine, Journal of Environmental and Occupational Medicine |
| 2013         | American Journal of Health Promotion  |
| 2012         | Society of Behavioral Medicine  |

## **RESEARCH FUNDING**

### Current projects:

|   |                      |                     |
|---|----------------------|---------------------|
| No Grant # (Coleman/Lozano)   | \$6,404,202 (direct) | 6/1/2017-12/31/2021 |
| Kaiser Permanente Washington  |                      |                     |
| Learning Health System Program: to connect with our partners at Kaiser Permanente Washington and develop alignment across existing Learning Health System (LHS) work; design a LHS program for 2018 and beyond; evaluate three high value initiatives to support care delivery decision making; and provide support and consultation in selected areas of strategic importance. |                      |                     |
| Role: Key Personnel, 75% FTE  |                      |                     |

### Completed Projects:

|  |                    |                     |
|--|--------------------|---------------------|
| No Grant # (Coleman)   | \$134,763 (direct) | 8/1/2019-3/31/2021  |
| Kaiser Permanente Washington Community Benefit   |                    |                     |
| Building the Capacity to Address Social Needs in Washington: to support the Washington Association of Community Health to design, implement, and evaluate a social needs screening collaborative for federally qualified health centers in Washington. |                    |                     |
| Role: Key Personnel, 30% FTE   |                    |                     |
| 74899 (Tobey)  | \$341,940 (direct) | 10/1/2017-9/30/2020 |
| Robert Wood Johnson Foundation   |                    |                     |
| Safety-Net Learning and Action Hub for Value-Based Payment and Care: to build capacity among primary   |                    |                     |

care associations and other state-wide agencies to prepare practices for value-based care and payment. This initiative will leverage quality improvement, primary care, and payment expertise in service of community health centers and community mental health agencies and their patients.

Role: Key Personnel, 35% FTE

No Grant # (Olesen) \$219,571 (direct) 4/1/2015-4/30/2019

Colorado Health Foundation

The Colorado Health Foundation Technical Assistance Partner (TAP)

Role: Key Personnel, 20% FTE

Grant #R18 HS023908 (Parchman) \$11,262,282 (direct) 5/1/2015-4/30/2019

Agency for Healthcare Research and Quality

The Northwest Coalition for Primary Care Practice Support

Role: Key Personnel, 20% FTE

Grant # 1R01CA160217 (Hannon) \$2,292,000 (direct) 7/1/2012 – 4/30/2018

National Cancer Institute

Increasing Implementation of Evidence-Based Interventions at Low-Wage Worksites

Role: Key Personnel

Grant # 1R21CA136435 (Hannon) \$266,400 (direct) 6/01/2010 – 3/31/12

Public Health-Seattle & King County

Communities Putting Prevention to Work: Workplace Contract

Role: Key Personnel

Grant # 1005722 (Harris) \$1,348,690 (direct) 09/01/04– 12/31/15

American Cancer Society

Workplace Wellness Support

Role: Key Personnel

Grant # U48 DP005013 SIP 14-031 (J. Harris) \$300,0000 (direct) 9/30/014 – 09/29/16

Centers for Disease Control and Prevention

Workplace Health Research Network

Role: Key Personnel

## **TEACHING AND MENTORING RESPONSIBILITIES**

### **Management and Mentoring**

|              |   |
|--------------|---|
| 2019-Present | Supervisor and mentor, Kaiser Permanente Washington<br>Implementation and Evaluation Associates: Jess Mogk, Kelsey Stefanik-Guizlo, Blanca Chavez |
| 2021-Present | Mentor, Skills that Shine Opportunity Scholar<br>Natalie Danhof, MA in Nursing and Administration, Seattle Central College                        |
| 2019         | Supervisor, University of Washington Executive MPH Program Practicum<br>Sarah McDonald  |
| 2016-2018    | Supervisor, Swedish Health Services Quality Division Team, 3 members  |

2015 Quality Improvement Specialists: Dianna Tingg, Michael Truong, Grace Ford  
Supervisor, University of Washington Master's Public Health Practicum  
Lina Walkinshaw

### Teaching

2022 GH 541 Implementation Science, Guest Lecture, Using Quality Improvement to Sustain Health  
2022 HSERV 522 Health Program Evaluation, Panel Member, Evaluation in Practice  
2017 HSERV 511 Introduction to Health Services, Guest Lecture, Quality in Health Care  
2015 HSERV 592 MPH Departmental Seminar, Panel Member, Public Health Careers  
2014 HSERV 581 Health Promotion Strategies, Guest Lecture; Workplace Health Promotion Intervention

## PUBLICATIONS

### Published papers in peer-reviewed journals

1. **Allen CL**, Coleman K, Mettert K, Lewis C, Westbrook E, Lozano P. A roadmap to operationalize and evaluate impact in a learning health system. *Learn Health Syst*. 2021 Jan 24;5(4).
2. Hannon PA, Hammerback K, Kohn MJ, Kava CM, Gary Chan KC, Parrish AT, **Allen CL**, Helfrich CD, Mayotte C, Beresford SA, Harris JR. Disseminating Evidence-Based Interventions in Small, Low-wage Worksites: A Randomized Controlled Trial in King County, Washington (2014-2017). *Am J Public Health*. 2019 Dec;109(12):1739-1746.
3. Helfrich CD, Kohn MJ, Stapleton A, **Allen CL**, Hammerback K, Chan KCG, Parrish AT, Ryan DE, Harris JR, Hannon PA. Readiness to change over time: Change commitment and change efficacy in a workplace health-promotion trial. *Front Public Health*. 2018 Apr; 6:110
4. Hammerback K, Hannon PA, Parrish AT, **Allen CL**, Kohn MJ, Harris JR Comparing Strategies for Recruiting Small, Low-Wage Worksites for Community-Based Health Promotion Research. *Health Educ Behav*. 2018 Oct;45(5):690-696.
5. Hannon PA, Helfrich CD, Chan KG, **Allen CL**, Hammerback K, Kohn MJ, Parrish AT, Weiner BJ, Harris JR. Development and Pilot Test of the Workplace Readiness Questionnaire, a Theory-Based Instrument to Measure Small Workplaces' Readiness to Implement Wellness Programs. *Am J Health Promot*. 2017 Jan;31(1): 67-75.
6. Graves MC, Harris JR, Hannon PA, Hammerback K, Parrish AT, Ahmed F, Zhou C, **Allen CL**. Promoting influenza vaccination to restaurant employees. *Am J Health Promot*. 2016 Sep; 30(7):498-500.
7. Hannon PA, Hammerback K, **Allen CL**, Parrish AT, Chan KG, Teague S, Beresford SA, Helfrich CD, Harris JR. HealthLinks randomized controlled trial: Design and baseline results. *Contemp Clin Trials*. 2016 May;48:1-11
8. **Allen CL**, Hammerback K, Harris JR, Hannon PA, Parrish AP. Feasibility of workplace health promotion for restaurant workers. *Preventing Chronic Disease*. 2015 Oct 8;12:E172

9. Ornelas IJ, **Allen CL**, Vaughan C, Williams EC, Negi N. Vida PURA: A Cultural Adaptation of Screening and Brief Intervention to Reduce Unhealthy Drinking among Latino Day Laborers. *Subst Abus*. 2015 Jul-Sep;36(3):264-71
10. Parrish AT, Graves MC, Harris JR, Hannon PA, Hammerback K, **Allen CL**. Influenza vaccination status and attitudes among restaurant employees. *J Public Health Manag Pract*. 2015 May-Jun;21(3):E10-5.
11. Walkinshaw LP, Mason C, **Allen CL**, Vu T, Nandi P, Santiago PM, Hannon PA. Process evaluation of a regional public health model to reduce chronic disease through policy and systems changes, Washington State, 2010-2014. *Preventing Chronic Disease*. 2015 Mar 19;12:E37
12. Ornelas IJ, **Allen CL**, Vaughan C, William EC. Cuando Tomo Mas, Siento Que Es Un Refugio: Context of alcohol use among Latino immigrant men. *Drug and Alcohol Dependence*. 2014 June; 140:E166
13. **Allen CL**, Harris JR, Hannon PA, Parrish AT, Hammerback K, Craft J, Gray B. Opportunities for improving cancer prevention at federally qualified health centers. *J Cancer Educ*. 2014 Mar;29(1):30-7.

### **Other publications**

14. Coleman K, **Allen CL**, Mogk J. Population Health Management Recommendations, Resources, and Research.Center for Accelerating Care Transformation.<https://www.act-center.org> January 20, 2022.
15. Mogk J, **Allen CL**, Hsu C, Holden E, Parchman M, Grace T. Learning Collaborative Toolkit. This toolkit provides easy access to the knowledge and tools necessary to design, execute, and evaluate a high-quality learning collaborative. 2021.
16. **Allen CL**. A Practical Roadmap to Guide Learning Health Systems. Healthy Findings. Kaiser Permanente Washington Health Research Institute. March 3, 2021. <https://www.kpWASHINGTONresearch.org/news-and-events/blog/2021/practical-roadmap-guide-learning-health-systems>
17. **Allen CL**, Mogk J. Addressing Patients' Social Needs During COVID-19. Best practices for clinics aiming to address patient social needs as gleaned from the literature and interviews with people doing this work. 2020.
18. **Allen CL**. Learning What Works to Bridge Care and Coverage. Healthy Findings. Kaiser Permanente Washington Health Research Institute. February 24, 2020. <https://www.kpWASHINGTONresearch.org/news-and-events/blog/2020/learning-what-works-bridge-care-and-coverage>
19. Austin BT, **Allen CL**, Kline, T, Dickinson, C. Support the Team Module [Available from: [http://www.improvingprimarycare.org/.](http://www.improvingprimarycare.org/)]
20. Mason C, Walkinshaw LP, **Allen CL**, Vu T, Hannon PA. The Community Transformation Grant in Washington State: A Process Evaluation. Prepared for the Washington State Department of Health, Sept. 29, 2014

## PRESENTATIONS

### Poster presentations and abstracts

1. Stefanik-Guizlo K, Mogk J, **Allen CL**, Brush S, Canada S, Peck M, Ramos K, Volpe K, Lozano P. Making patient engagement more meaningful and inclusive in learning health system research: applying the Valuing All Voices framework. Health Care Systems Research Network Annual Conference; April 12-14, 2022; Pasadena, CA.
2. **Allen CL**, Mettert K, Coleman K, Lozano P, Westbrook E, Lewis C. Constructs to evaluate a learning health system. AcademyHealth Annual Research Meeting; June 13, 2019; Washington DC.
3. Helfrich CD, Kohn MJ, **Allen CL**, Hammerback K, Chan KG, Parrish AT, Ryan D, Weiner BJ, Harris JR, Hannon PA. Can we change readiness to change? Change commitment and change efficacy over time in a workplace health-promotion trial. AcademyHealth Annual Research Meeting; June 24, 2018; Washington DC.
4. Hammerback K, Hannon PA, Parrish AT, **Allen CL**, Kohn MJ, Harris JR Comparing Strategies for Recruiting Small, Low-Wage Worksites for Community-Based Health Promotion Research. American Public Health Association Annual Meeting; November 4, 2017; Atlanta, GA.
5. **Allen CL**, Ramirez A, Dale C. Effectiveness of an Electronic Medical Record Reminder for Hepatitis C Screening. Northwest Patient Safety Conference. May 11, 2017. Seattle, WA.
6. Hannon P, Helfrich C, Chan KG, Kohn M, **Allen CL**, Hammerback K, Parrish A, Harris, J. Development of a theory-based organizational readiness measure for workplace wellness programs. AcademyHealth Annual Research Meeting: June 20, 2014; San Diego, CA.
7. **Allen CL**, Hammerback K, Cook M, Harris JR, Hannon PA, Parrish AT. Reducing Disparities in an Underserved Population: An Intervention to Increase Influenza Vaccination among Latino Restaurant Employees. Sea Mar Community Health Centers 8<sup>th</sup> Annual Latino Health Forum. Transforming Latino Health: Community Engagement and the Affordable Care Act; 2013 Oct 21; Seattle, WA.
8. Parrish AT, Cook M, Harris J, Hannon P, Hammerback K, Kohn M, **Allen CL**. Increasing seasonal influenza vaccination among restaurant workers: pilot study and dissemination. Washington State Public Health Association Annual Meeting; October 2013; Wenatchee, WA.
9. **Allen CL**, Ornelas IJ, Vaughan C. Understanding alcohol use among Latino immigrant men: perspectives on the feasibility and need for screening and brief intervention. Society of Behavioral Medicine 34<sup>th</sup> Annual Meeting and Scientific Sessions; 2013 Mar 20-23; San Francisco, CA.
10. Ornelas IJ, **Allen CL**, Vaughan C. Understanding alcohol use among Latino immigrant men: perspectives on the feasibility and need for screening and brief intervention. Sea Mar Community Health Centers 7<sup>th</sup> Annual Latino Health Forum. Latino Health Equity and Social Justice; 2012 Oct 4; Seattle, WA.
11. **Allen, CL**. "Crisis: No Communication, No Integration. Mitigating Cultural and Language Barriers in Greeley, Colorado." High Plains Society for Applied Anthropology Conference. Estes Park, CO. 2005.

12. Ornelas IJ, **Allen CL**, Vaughan C, Williams E, Nalini N. Addressing heavy alcohol use among Latino immigrant men: perspectives on the feasibility and need for screening and brief intervention. Research Society on Alcoholism 36th Annual Scientific Meeting; 2013 June 22-26; Orlando, FL.
13. Ornelas IJ, **Allen CL**, Vaughan C, Nalini N, Williams E. *Cuando tomo mas, siento que es un refugio*: The context of alcohol use among Latino immigrant men. The College on Problems of Drug Dependence 75th Annual Scientific Meeting; 2013 June 15-20; San Diego, CA.
14. Cook M, Harris JR, Hannon PA, Hammerback K, Parrish AT, Kohn M, **Allen CL**. Increasing Influenza Vaccination Rates Among Restaurant Employees: A Pilot Study. Academy Health Annual Research Meeting; 2013 June 23-25; Baltimore, MD.

### **Oral presentations**

15. A Roadmap to Operationalize and Evaluate Impact in a Learning Health System. CATALyST K12 Learning Health System Scholars. July 26, 2021; Seattle, WA
16. Bridging Care and Coverage: Delivering on Trust. Modeling, Evaluation, and the Learning Health System. Kaiser Permanente Washington Executive Sponsor Meeting. February 3, 2020. Renton, WA.
17. Quality Improvement and Implementation Science in Practice. CATALyST K12 Learning Health System Scholars. August 10, 2019; Seattle, WA
18. Patient-centered Care: Best practices and recommendations for elevating the patient voice. Swedish Health Services Shared Leadership Council. June 5, 2018; Seattle, WA.
19. Appropriate Emergency Department Utilization: Impact on Providence Health Services Caregiver Accountable Care Organization. Model of Care Leadership Forum. May 29, 2018; Seattle, WA.
20. Taking Action on Overuse: A Framework and Strategies to Reduce Inappropriate ED Utilization. Swedish Medical Group Accountable Care Services Leadership Forum. March 26, 2018; Seattle, WA.
21. Medical Management in Accountable Care Services: Current State and a Path Forward. Swedish Health Services Quality and Value Leadership Committee. August 23, 2017; Seattle, WA.
22. Physician Quality Compensation and the Staff Incentive: Defining Future Directions. Swedish Medical Group Primary Care Leadership Council. October 2016; Seattle, WA.
23. Specialty and Primary Care Physician Quality Compensation Metrics. Swedish Health Services Physician Leadership in 80 specialties and sub-specialties. 2016; Seattle, WA.
24. Implementing Workplace Wellness Programs: Lessons learned and how to apply them. Living Well Alliance Healthy Worksite Summit. August, 5<sup>th</sup>, 2015; Lynnwood; WA.



25. American Cancer Society's HealthLinks Workplace Wellness Program: Implementing evidence-based workplace health promotion in small, low-wage worksites. Workplace Health Research Network Quarterly Meeting. May 2015; Seattle, WA.
26. HealthLinks Workplace Wellness Program: Evidence-based Strategies to Improve Employee Health and Well-being. Leadership and staff at 90 small, low-wage worksites. 2014; King County, WA.
27. Opportunities to Improve Cancer Prevention in Federally Qualified Health Centers. Alliance for Reducing Cancer, Northwest Quarterly Leadership Meeting. June 12, 2014; Seattle, WA.